PREPARING YOUR HOME FOR POST OPERATIVE CARE

**Slippery floors** – If you have hardwoods, or any form of slick flooring, you will want to place something on the floor to help with traction for the next 8 weeks. Rugs, yoga mats, anti-slip mats (shown below) are an inexpensive solution.

![Rug and anti-slip mat](image)

**Stairs** – If stairs are unavoidable, please use a *Help ‘Em Up Harness, a sling, or a towel under the belly to provide rear end support while navigating stairs for the first 6-8 weeks.*

*Available for purchase at ASOC, online or pet supply stores.*

![Help 'Em Up Harness](image)
Icing – You will want to have a flexible/gel ice pack, or a frozen bag of corn or peas to place over the affected joint to help reduce inflammation. Use a thin towel as a barrier between ice and skin.

Elizabethan Collars – Your pet will be sent home with a hard, plastic Elizabethan collar. The e-collar must be worn at all times when your pet is not being supervised; including at bedtime. There are other options available for purchase at your local pet store or online. Avoid inflatable "doughnut-type" collars or very flexible collars.

Confinement – When your pet is unsupervised, they will need to be confined to a crate, X-pen, or a small room where they cannot jump on anything such as furniture. See additional handout for more details.

Additional instructional videos can be found at www.animalsurgical.com/for-petowners/videos